

Jiu Jitsu University Saulo Ribeiro

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Synopsis In "Jiu-Jitsu University", six-time Brazilian Jiu-Jitsu World Champion and two-time ADCC Submission Wrestling World Champion Saulo Ribeiro shows you why he is the teacher of champions. Even the more basic techniques come alive as Ribeiro sheds new light on theories and strategies previously thought antiquated.

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In Jiu-Jitsu University, Ribeiro shares with the public for the first time his revolutionary system of grappling, mapping out more than 200 techniques that carry you from white to black belt. Illuminating common jiu-jitsu errors and the

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Saulo Ribeiro (born July 2, 1974), brother of the equally famed Xande Ribeiro, is a 6th-degree black belt in Brazilian Jiu-Jitsu (BJJ). After earning a black belt in Judo, he began his training of Brazilian Jiu-Jitsu in Rio de Janeiro under Royler Gracie, the son of Hélio Gracie, at the famous Gracie Humaitá.

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Saulo Ribeiro. Founder of Ribeiro Jiu-Jitsu Association Founder of the University of Jiu-Jitsu Author of the best selling book Jiu-Jitsu University 5th Degree Black Belt 6x World Jiu-Jitsu Champion in 5 different weight classes 2008 World No-Gi Champion 2x ADCC World Champion IBJJF Hall of Fame Member Grapples Quest Hall of Fame Member Member of Cavaleiro da Ordem do Rio Branco ...

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Jiu-Jitsu University by Saulo Ribeiro with Kevin Howel Review Publisher: Victory Belt Publishing Retail: \$39.95 (Barnes & Noble.com - \$26.33) Format: Paperback - 368 Pages I want to start out by saying that for the longest time I never really thought much of instructional jiu-jitsu books. I honestly didn't see how a book could really help

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Saulo Ribeiro is a Brazilian Jiu-Jitsu champion. Ribeiro, along with his jiu-jitsu achievements, is a lawyer and judge and now head instructor at the world-famous University of Jiu-Jitsu based in San Diego, CA. Kevin Howell is a political science professor based in Huntington Beach, CA.

~~Jiu Jitsu University: Ribeiro, Saulo, Howell, Kevin ...~~

One of the instructors I love to listen to is fifth-degree BJJ black belt and one half of the world-famous Ribeiro brothers, Saulo Ribeiro. "You got to define what he is in for," says Saulo. "A...

~~Saulo Ribeiro: It Isn't Just About Techniques~~

Ribeiro Jiu-Jitsu is a martial arts style based on Brazilian Jiu-Jitsu (BJJ). In 1995, Saulo Ribeiro received his black belt and began to building of the Ribeiro Legacy all over the world.

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Ribeiro describes in easy to follow steps with pictures highlighted in green but also shows common misconceptions highlighted in red, basically the do's and the don'ts for a sequence of moves. This book emphasizes that a white belts main goal is survival.

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Saulo Ribeiro is a Brazilian Jiu-Jitsu champion from the rough and beautiful Amazon-Manaus, Brazil. Not one to live within categories, Saulo's achievements go far beyond Jiu-Jitsu. He has gained acclaim as a lawyer and judge, and is now head instructor at the world-famous University of Jiu-Jitsu based out of San Diego, California.

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